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NEWS RELEASE

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NORTHERN TERRITORY URANIUM

Jeremy Caddy, President of Aldershot Resources Ltd. (“Aldershot” and the “Company”) is pleased to announce that Aldershot’s JV partner, Royal Resources Ltd (**ASX:ROY**), has outlined progress made over the quarter ended September 30, 2009. Royal is the operator-manager of four projects under an earn-in agreement with Aldershot. During the quarter, Royal undertook drilling at the Adelaide River and George Creek Prospects and continued to look for opportunities to expand its land holdings.

- **Drilling at Adelaide River Prospect, Pine Creek District, has returned results of 5m @ 1,129ppm U₃O₈ from 28m, including 1m @ 4,010 ppm from 28m**
- **Assessment of ground radiometric data from Waterhouse West has delineated targets for drilling**

George EL24550: Royal earning 60%, Royal manages

Following approval by regulatory bodies drilling, geochemical and geophysical surveys commenced at the George Project. During the Quarter, six holes were drilled for a total of 576 meters; four at the Adelaide River Prospect and two at George Creek Prospect. In addition orientation soil sampling was undertaken over three traverses at the Adelaide River Prospect. Infill ground radiometric surveys were also conducted over the Adelaide River and George Creek areas to discriminate airborne anomalies related to historical workings from new target areas.

ARDDH003, drilled near the old workings, returned 5m @ 1,129ppm U₃O₈ from 28m, including **1m @ 4,010 ppm** (0.401% or nearly 9 pounds per tonne U₃O₈) from 28m with elevated arsenic and copper before it was abandoned at 42m (Table 1). This geochemical association is currently being investigated through an orientation soil geochemical survey.

Table 1: Summary of significant assays from the George area

Hole ID	Easting MGA 94 Zone 52	Northing	From m	To m	U3O8 ppm	As ppm	Cu ppm	Ni ppm	Co ppm
ARDDH003	728250	8531884	28	29	202	521	136	36	30
			29	30	4,010	4,000	748	48	50
			30	31	564	3,160	1,270	58	146
			31	32	433	3,910	1,440	126	255
			32	33	436	1,860	12,800	996	1,490
ARDDH004	728273	8531796	55	55.2	1,310	197	75	96	235
ARDDH005	728236	8531962	76	77	27	213	73	63	139
			77	78	135	228	170	117	265
ARRC006	728286	8531980	23	24	117	61	50	20	21
			24	25	122	47	58	27	45
			25	26	155	62	93	54	133
			41	42	120	83	82	30	46
			42	43	118	78	99	28	30
GCKDDH010R	731419	8524955	82	83	12	9	20	23	20
GCKDDH011	731286	8525195	106	107	28	7	101	32	30

ARDDH004 intersected 1,310 ppm U3O8 between 55-55.2m. Once all the assay results are available plans and sections will be produced to examine the location of this mineralization in relation to the historical data.

The drilling results from the interpreted northern extension of the mineralization at the George Creek Prospect indicate that the surface anomalism appears to have no depth extent.

Royal applied for ELA27354, immediately adjoining the northern boundary of George EL24550 and has offered it to the Aldershot JV.

Waterhouse West EL24563: Royal earning 60%, Royal manages

Assimilation of a 2008 ground radiometric survey conducted by Aldershot with historical data has identified anomalous areas that have not been tested by previous explorers. A soil survey is currently being completed over one of these targets.

ABC ELA24555: Royal earning 60%, Royal manages

No work was undertaken on this tenement pending the conclusion of the negotiation of an Exploration Agreement with the Northern Lands Council.

Ngalia EL24571: Royal earning 60%, Royal manages

Following advice that Aldershot/Royal was successful in its application for NT Government funding for diamond drilling, the contract between Aldershot/Royal and the NT Government has been finalized and an Exploration Agreement with the Central Lands Council on behalf of the traditional owners is currently being finalized.

Two exploration licenses, ELA27633 and ELA27634, covering a total of 83 km², were applied for in the Ngalia Basin to cover areas considered a prospective for sandstone type uranium deposits.

The areas are underlain by Mt Eclipse Sandstone, host for the sandstone type deposits in the Ngalia Basin, including the Bigryi Deposit with a resource of 13,307 tonnes U₃O₈ (@ 500 ppm U₃O₈ cutoff) which lies about 12 km northwest. The Camel Flat North Prospect lies about 8km to the east.

Royal is assessing participation in a CSIRO led study of the Ngalia Basin Uranium Mineral System.

About Aldershot Resources Ltd.

Aldershot Resources, based in Vancouver, Canada, is a uranium exploration company currently with projects in Northern Territory, Western Australia and Zambia. Shares of the Company are listed for trading on the TSX Venture Exchange and there are 74,092,975 shares outstanding.

FOR AND ON BEHALF OF THE BOARD
ALDERSHOT RESOURCES LTD

signed: "Jeremy Caddy"

Jeremy Caddy
President and Director

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Visit Aldershot Resources' Web-site: www.aldershotresources.com

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the contents of this News Release. This release has been prepared by management and no regulatory authority has approved or disapproved the information contained herein. The information contained in this report that relates to exploration results, mineral resources or ore resources is based upon information compiled by Mr Marcus Flis. Mr Flis is a Fellow of the Australasian Institute of Mining and Metallurgy (AusIMM) and has sufficient experience which is relevant to the style of mineralization and type of deposit under consideration and to the activity which he is undertaking to qualify as a Qualified Person as defined in NI43-101. Mr Flis is a full time employee of Royal Resources Limited and consents to the inclusion in this report of the matters based upon his information in the form and context in which it appears.

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Cautionary Language and Forward Looking Statements

This press release may contain "forward-looking statements", which are subject to various risks and uncertainties that could cause actual results and future events to differ materially from those expressed or implied by such statements. Investors are cautioned that such statements are not guarantees of future performance and results. Risks and uncertainties about the Company's business are more fully discussed in the Company's disclosure documents filed from time to time with the Canadian securities