



Suite 900
Two Bentall Centre
555 Burrard Street
Vancouver, B.C.
Canada V7X 1M8
Tel: 1 604 682 6718
Fax: 1 604 682 6722
jcc4tlx@intergate.ca

NEWS RELEASE

ALDERSHOT RESOURCES COMMENCES DRILL PROGRAM AT ADELAIDE RIVER AND GEORGE CREEK URANIUM PROJECTS

Vancouver, May 14, 2007 – Mr. Jeremy Caddy, President of Aldershot Resources Ltd. (TSXV: ALZ) is pleased to announce that, further to the Company's news release dated April 26th, 2007, the diamond drill rig is now on site at the Company's George Creek Project, Northern Territory. Additional equipment has also been mobilized to build drill pads for the planned drill program at the formerly producing Adelaide River Mine. The initial fieldwork involves diamond drilling at these two historical prospects mined in the 1950s both of which are 100% owned.

Four diamond drill holes, two at the Adelaide River Mine and two at the George Creek Prospect, have been designed to test the down plunge extensions of the mineralisation. Recent sampling in the area returned up to 0.1309% U₃O₈ and 2.72 g/t gold from the Adelaide River Mine area and 0.1274% U₃O₈ from the George Creek Prospect.

Jeremy Caddy commented "We are pleased to have our drill arrive on schedule at Adelaide River and at the George Creek projects. Drilling is expected to commence within a few weeks. Aldershot's mission will be to conduct a subsequent detailed drill program to define resources at these two former mines. Assay results are anticipated by management in the late summer/early fall."

In preparation for the planned 800 metres of diamond drilling, an experienced uranium geologist has been contracted to supervise the drilling, core storage facilities are being erected and the downhole logging equipment has been freighted to Darwin. A recent reconnaissance trip to the area has confirmed all the locations are accessible.

The two holes to be drilled at the Adelaide River Mine will target the Black Lode ore shoot which hosts the uranium mineralisation and is controlled by the contact of the Black Lode Shear with a sandstone unit (Upper Greywacke unit). The two holes to be drilled at the George Creek Prospect will target the contact point of a sandstone unit with a local fault zone. The holes are designed to intersect the target horizons at 80 metres (George) and 130 metres (Adelaide River) below surface. Historical mining at the Adelaide River Mine only extended to about 50 metres below surface although it had been planned to be mined to 100 metres below surface.

The airborne radiometric survey carried out by the Company at the end of 2006 has identified 32 radiometric uranium anomalies located along the 12.5km NW – SE trending corridor between the Adelaide River Mine in the north of the tenement to George Creek and on southwards. These anomalies will be ground checked concurrently with the drilling. Management is confident that this work will generate new areas to be examined in detail by ground radiometric surveys and mapping later in the season.

FOR AND ON BEHALF OF THE BOARD
ALDERSHOT RESOURCES LTD

signed: "Jeremy Caddy"

Jeremy Caddy
President and Director

For further information please contact:

Jeremy Caddy, President & Chief Executive Officer
Aldershot Resources Ltd.
Phone: 604-682-6718
Email: jcc4tlx@intergate.ca

Linda Armstrong, Vice President
CHF Investor Relations
Phone: 416-868-1079 ext. 229
Email: linda@chfir.com

*Should you wish to receive Company news via email, please email catarina@chfir.com
and specify
"Aldershot News" in the subject line*

Visit Aldershot Resources' Web-site: www.aldershotresources.com

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the contents of this News Release. This release has been prepared by management and no regulatory authority has approved or disapproved the information contained herein. Information in this report, insofar as it relates to resources' estimation and exploration activities, is based on information compiled by Ian Faris who is the Company's VP Exploration and who has more than ten years experience in the field of the activity being reported on. This report accurately reflects the information compiled by this Professional Engineer. The statements made in this press release may contain certain forward looking statements that involve a number of risks and uncertainties. Actual events or results may differ from the Company's expectations.