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NEWS RELEASE

July 13, 2009

TSX.V Symbol: ALZ

NORTHERN TERRITORY URANIUM

Jeremy Caddy, President of Aldershot Resources Ltd. ("Aldershot" and the "Company") is pleased to announce that Aldershot's JV partner, Royal Resources Ltd (**ASX:ROY**), is planning a drilling program of up to 13 diamond drill holes totalling around 1,820 metres. The program will target vein-type uranium mineralization on extensions to the historically productive Adelaide River and George Creek uranium mines. The Company obtained results of 7.1m @ 0.35% U₃O₈ in its 2007 drill program at Adelaide River. Both mines have historic remaining resources of high grade (0.3 to 0.5% U₃O₈) uranium ores. Field work had started at the time of writing this news release.

As announced on June 17, 2009 Aldershot/Royal was successful in attracting a collaborative drilling grant from the Northern Territory Government on the JV's Ngalia tenement. A drilling programme of up to 24 RC drill holes totalling 1,220 metres and three diamond drill holes totalling 600 metres has been planned for the Ngalia Project. Drilling will commence once access agreements with the Traditional Owners are finalized.

About Aldershot Resources Ltd.

Aldershot Resources, based in Vancouver, Canada, is a uranium exploration company currently with projects in Northern Territory, Western Australia and Zambia. Shares of the Company are listed for trading on the TSX Venture Exchange and there are 74,092,975 shares outstanding.

FOR AND ON BEHALF OF THE BOARD ALDERSHOT RESOURCES LTD

signed: "Jeremy Caddy"

Jeremy Caddy
President and Director

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Visit Aldershot Resources' Web-site: www.aldershotresources.com

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release." This release has been prepared by management and no regulatory authority has approved or disapproved the information contained herein. The information contained in this report that relates to exploration results, mineral resources or ore resources is based upon information compiled by Mr Marcus Flis. Mr Flis is a Fellow of the Australasian Institute of Mining and Metallurgy (AusIMM) and has sufficient experience which is relevant to the style of mineralization and type of deposit under consideration and to the activity which he is undertaking to qualify as a Qualified Person as defined in NI43-101. Mr Flis is a full time employee of Royal Resources Limited and consents to the inclusion in this report of the matters based upon his information in the form and context in which it appears.

For further information please contact:
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Cautionary Language and Forward Looking Statements

This press release may contain "forward-looking statements", which are subject to various risks and uncertainties that could cause actual results and future events to differ materially from those expressed or implied by such statements. Investors are cautioned that such statements are not guarantees of future performance and results. Risks and uncertainties about the Company's business are more fully discussed in the Company's disclosure documents filed from time to time with the Canadian securities authorities.